

Tranquil Waters and Ormiston Rise are proudly owned and managed by the Tranquil Retirement Group, who have been operating for over 20 years in the retirement industry spanning two generations.

We are a proud member of the Family Business Australia association and have a Health & Wellbeing partnership with Australian Unity Independent & Assisted Living to help you access a range of support services so you can continue to live well in your retirement.



Recipe corner

BROWN BUTTER SCALLOPS WITH PARMESAN RISOTTO

Ingredients

PARMESAN RISOTTO:

- 1 tablespoon butter
- 1 garlic clove or 1 shallot (or both) minced
- 1 cup arborio rice
- ½ cup white wine
- 3 ish cups of chicken broth
- ½ cup Parmesan cheese

SEARED SCALLOPS:

- 1 tablespoon grapeseed oil
- 1 pound jumbo scallops

SAUTÉED SPINACH OR KALE:

- 1 tablespoon olive oil
- 1 clove minced garlic
- 4 cups spinach or kale

BROWN BUTTER:

- 3 tablespoons butter

Method

1. For the Risotto: In a large non-stick skillet over medium heat, melt the butter. Add the garlic or shallots and sauté for a minute or two, until soft and fragrant. Add the arborio rice, stir to coat with butter. Add the white wine and enjoy the sizzles. Add the broth, ½ cup at a time, and simmer/ stir after each addition until the rice is soft and creamy. I usually err on the side of more liquid to get a creamier texture. Add the parmesan and stir until incorporated. Salt and pepper to taste.
2. For the Seared Scallops: Heat oil in non stick skillet. Pat scallops dry (VERY DRY, as dry as possible), sprinkle with salt, and add to pan. They should sizzle (if not, you need a hotter pan.) Shake gently to prevent sticking. After 2-3 minutes, flip each scallop over. They should have a pretty golden brown exterior and an opaque inside. Transfer to a paper towel lined plate to absorb excess oil. Serve immediately.
3. For the Sautéed Spinach: Heat the oil over medium low heat. Add the garlic, stir for a minute to get the flavor going. Add the spinach or kale and stir until wilted.
4. For the Brown Butter: Put a few tablespoons of butter in a clean skillet over medium heat and stir it while watching it closely - when it starts to look golden and foamy, remove from heat, transfer to a heat-proof bowl to cool slightly, then drizzle over the risotto, scallops, and greens.



Message from the owner

For over two decades and across two generations, the Tranquil Retirement Group business has been based exclusively in the Redlands. The decisions made for our villages, our residents, our community are made by committed people that you can talk to in person. In 2017 we plan to continue to involve and support the local community in the Redlands.

At Tranquil Retirement Group we are especially proud of the relationships that residents have formed not only within Tranquil Waters and Ormiston Rise, but between the two. It is this camaraderie that has motivated us to begin to reach further into the community groups of the Redlands and build on these relationships. You will have seen in this issue that we are planning a lawn bowls tournament across four of the Redlands' lawn bowls clubs in the coming months and we really hope to see you there and of course involved whether that be through participation or spectating. Check our website or Facebook page in the coming months for further details. Further to this tournament the Tranquil Retirement Group will be looking to participate regularly in other community groups and I encourage you to speak with our team if you too would like to get involved.

There is so much at our doorstep here in the Redlands and the team within the Tranquil Retirement Group are committed to ensuring our residents at both Ormiston Rise and Tranquil Waters are fully able to participate in and enjoy these activities.

On February 27, Australian Unity and LifePath Financial Planning held a presentation at Tranquil Waters where guests learned about the national introduction of Consumer Directed Care changes. The event was a great success with everyone feeling well informed.

Best wishes

Michael Wells.



TRANQUIL
RETIREMENT GROUP



A full calendar of lifestyle activities

All residents at Tranquil Waters have the opportunity to enjoy a full calendar of lifestyle activities and outings, coordinated with thanks to the resident social committee.

With the amazing list of activities and events happening at Tranquil Waters – it's important to remember you can participate as much or as little as you want - the choice is yours.

Here are just a small sample of events and activities from Tranquil Waters jam-packed March calendar:

EVERY SATURDAY

Water
Aerobics

TUESDAY

7 MARCH
Bowls

WEDNESDAY

15 MARCH
Shopping Trip
to Carindale /
Garden City

THURSDAY

16 MARCH
Tranquil
Harmony

MONDAY

20 MARCH
Redland
Museum

MONDAY

27 MARCH
Snooker/
Happy Hour



tranquil waters
beachfront retirement

31 Thompson St, Victoria Point, Qld 4165
tranquilwaters.com.au
P 07 3207 0786



ormiston rise
retirement living

174 Wellington St, Ormiston, Qld 4160
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TRANQUIL RISE

REVIEW

AUTUMN 2017

ISSUE 03



They came, they saw, they bought...

After 38 years on acreage living, Joh and Marge Bosgra were content in their lovely home in McKenzie and in no rush to consider retirement living communities despite their children's encouragement to do so.

Following a visit to friends who had recently bought a retirement unit at the Gold Coast, Joh and Marge began to reconsider their options. However, the Gold Coast was not for them.

Soon they found their way to beachside Victoria Point and Tranquil Waters, they were instantly impressed with the locality and the Village.

Joh and Marge inspected the village and a waterfront villa and were instantly 'smitten!' Marge immediately declaring she had found her new home and by April 2016, Joh, Marge and Tilly the much loved pet Tenterfield Terrier had moved into their new waterfront villa at Tranquil Waters.

"We are so happy here and I pinch myself everyday" states Marge. "From the very start, Tranquil Waters has lived up to every expectation. The warm welcome from neighbours and residents, the marvellous community activities, the helpful gardeners, maintenance and office staff and very importantly, the village is family owned and operated. The Wells family are lovely, caring people."

From Liz Dakin (daughter)

"To see their sheer joy of living there. I wasn't sure how involved they would want to be in the organised activities. (Of course you can keep to yourself or socialise as much as you like). However, every time I go to visit them (which is always a pleasure as it is in such a lovely location) they have a new exciting story to share of who they've met and what activities they have participated in that day i.e. bingo, social lunches and dinners, water aerobics, Melbourne Cup function, and many more..."

We have recently had the joy of watching them participate in the Tranquil Tones choir putting on an amazing Christmas concert for family and friends. I've never known my parents to sing in public in my lifetime! They have enjoyed the experience immensely and I believe they look 10 years younger and so very happy. My Dad's recent comment was "I wish we had done the move 10 years earlier!"

Congratulations to the owners and staff of Tranquil Waters for creating the perfect environment for my parents to enjoy their retirement years!

We are all so thankful and relieved to see our parents so very happy.

Display villas are now open for inspection and really have to be seen to be believed. Call our sales team at Tranquil Waters on 07 3207 0786 or at Ormiston Rise on 07 3821 0971 to arrange a time to view your new home.

In the news

- > Behind the scenes - our resident stars!
- > Ormiston Rise progress update
- > New homes available now
- > Lawn bowls tournament
- > Recent events
- > Message from the owner



ormiston rise
retirement living

easy living, made easy

Behind the scenes - our resident stars!

The Wells family would like to take the opportunity to thank all of the residents from Ormiston Rise and Tranquil Waters who helped out and featured in the recent television advertising campaign.

We hope you enjoyed being a part of this as much as we enjoyed your continued support and thought you'd all enjoy a peek behind flashing lights and cameras.



HOMES AVAILABLE NOW



VILLA 5

1 1 1 2 1



VILLA 3

2 2 2 1

THE REDGUM

This spacious one bedroom villa with a separate study features open plan kitchen/lounge/dining area opening out to your very own patio.

The generous sized kitchen boasts stainless steel appliances and access to the separate laundry.

The bedroom includes direct access to a walk-in-robe and ensuite bathroom and for convenience this home offers a second WC.

Ducted air conditioning, variable speed ceiling fans and clever storage solutions are also featured throughout.

THE ASH

Featuring an open plan living/dining area adjacent to the modern kitchen with contemporary stainless steel appliances and an abundance of storage space.

With two spacious bedrooms and a study nook, spacious main bathroom, master bedroom with walk-in-robe and ensuite, and separate laundry opening out to a drying yard.

All villas boast 9ft ceilings and full air conditioned comfort and are designed with smart, modern, energy efficient inclusions such as LED lights, instantaneous hot water and an embedded electrical network, allowing for considerable savings on day to day expenses.

Call Ian Munday on 07 3821 0971 or visit our display villas at 174 Wellington Street, Ormiston. Open 10am - 4pm daily.

What's happening on our block

ORMISTON RISE PROGRESS UPDATE

Community Centre

With the commencement of earthworks underway for the development of stage two we are reaching an early milestone and are looking forward to planning some events in the Club Ormiston community centre due for completion mid-2017. With facilities including a library, television lounge, kitchen and bar, and social and bbq areas for games and events, it's no wonder we're so excited and hope you are too!

Community centres are the hub of excitement and entertainment for a lot of villages and we look forward to the residents of Ormiston Rise being able to put their mark on the beginnings of this centre that can be transitioned to the much larger centre to come at a later stage.



Start your own story

There's never been a better time to open a new chapter in your life; a new life, in a new home, close to the beautiful Raby Bay yet with the bush at your back.

Ready to move into now, the Ormiston Rise villas offer spacious open plan living areas and private rear yards perfect for entertaining family and friends.

Located in the heart of the Redlands, the focus of the village is health and wellbeing with easy access to walking and cycling paths, fishing and boating, plus our planned community centre will be your personal country club.

Quite simply, your new story will be all about you and the good living you've earned.

Talk to Ian Munday today to organise a tour and chat.
Display villas open 10am - 4pm daily.



ormiston rise
retirement living



*T&C apply.

174 Wellington Street, Ormiston | 07 3821 0971

ormistonrise.com.au



Lawn bowls tournament

We have organised sponsorship with the four Bowls Clubs in the Redlands with a round robin tournament.

LOCATION	DATE
Wellington Point	28th May 2017
Victoria Point	25th June 2017
Cleveland	30th July 2017
Capalaba	24th September 2017

There will be prizes on each of the playing days with the overall winning club at the end of the competition being presented with a shield to display in their club house until the competition next year.

For details on entering please contact Ian at Ormiston Rise on 07 3821 0971 or Sally at Tranquil Waters on 07 3207 0786.



We'll give you five grand reasons to move into Ormiston Rise

If you purchase a Redgum Villa before the 30th April 2017 you will be eligible for either of the following exciting packages on settlement of your new Villa:-

A \$5,000 Removal Package with True Care Relocations which includes organising the Removalists, packing up everything in your home and unpacking everything into your new Villa when you move into Ormiston Rise.

A \$5,000 Furniture and White Goods Voucher with Harvey Norman which will allow you to buy new furniture and new appliances for your new Villa when you move into Ormiston Rise.

\$5000
MOVING-IN
PACKAGE*



tranquil waters beachfront retirement

Recent events

In November a very talented group of Residents who make up the Tranquil Tones presented their final concert for the year. Over a delicious two course meal, guests consisting of residents, families, friends and staff enjoyed a show of delightful music, including some very amusing sketches which had the audience in stitches of laughter! It was a fabulous evening and we are all looking forward to seeing what our talented group of residents bring us in 2017.

December was time for residents to begin Christmas festivities commencing with the annual Christmas Residents lunch put on by the Wells family. Residents enjoyed a delicious traditional Christmas buffet with fresh prawns, lovely wine, Christmas pudding and some fun with lucky door prizes and raffles. A week later saw many of the Residents come together and enjoy their own Christmas buffet dinner and dance including the judging of the Christmas lights competition.

The Black and White themed New Years Eve celebration went off with a bang with more festivities and dancing into the night and the welcoming by many party goers seeing in 2017.

With the Australia Day celebrations done and dusted, 2017 is already filling up with concerts, parades, excursions and events. Life is certainly never dull at Tranquil Waters!



Australia Day Celebrations



Australia Day Celebrations



Australia Day Celebrations



Australia Day Celebrations



New Years Eve Festivities



New Years Eve Festivities



New Years Eve Festivities



New Years Eve Festivities



New Years Eve Festivities

your own holiday resort at home